



Left: South Branch of the Meduxnekeag Watershed  
 Above: Historic photo from Aroostook Historic and Art Museum

The river has been traveled by people since soon after the last ice age. The Maliseet tribe has lived in the area for countless generations, they named the river "Meduxnekeag" or "rocky at its mouth". The Maliseet nation is part of the five-tribe Wabanaki confederacy or "people of the dawn".

Europeans settled along the river in the 18th century and brought many land use changes, which were unintentionally detrimental to the river's health.

In recent years, the Houlton Band of Maliseets, along with several non-profits, has worked to restore and protect the river.



Photos by Bruce Glick  
 Design by Brown Dog Ink

# TRAIL DO'S AND DON'T'S:

**DO GET SOME EXERCISE**

**DO ENJOY NATURE**

**DO** report trail damage or an obstruction such as a fallen tree to (207)532-0045 or (207)249-9516.

**DON'T** use motorized wheeled vehicles of any kind. They are prohibited.

If you encounter a vehicle on the trail, **DO** please report it to the Houlton Police Dept. (207) 532-2287



**DON'T** litter and if you do see litter on the trail, consider **DO**ing a good deed and dispose of it



Camping and fires are strictly prohibited.

## WELCOME TO THE Meduxnekeag River Trail HOULTON, ME

**WALKERS, BIRDERS, FISHERMEN, BICYCLERS, PICNICKERS, SKIERS & EXPLORERS ARE WELCOME!**



Get some exercise, enjoy nature and tread a riverside path used for thousands of years. You may see eagles, moose, deer, osprey, bears and all manner of small game.

The trail property is owned by the Town of Houlton and the Aaron and Maria Putnam Charitable Trust. It is open to the public at no charge and is 3 miles long (round trip), most of which is in forest. Access is either from Riverside Park near the North Street bridge or from a small parking area on Lincoln St.

**SCALE**

1000 Feet

Trail loop from Riverfront Park  
Trailhead is 3 miles.

Trail loop from Lincoln Street  
Trailhead is 2.2 miles.

*The trail is open in  
all seasons, but users  
are to be prepared for  
changing conditions.*

Trailhead

Riverfront  
Park

Trailhead

Community  
Park

Monument  
Park

North Street

Highland Avenue

Lincoln Street



**MAP KEY**

- Field
- Settled Area
- Forest

