

2023 Meduxnekeag River Race Houlton, Maine

Saturday April 30, at 10:00 A.M. at Wellington's on the Station Road in New Limerick. *****Pre-registration by mail, or a visit to the Chamber of Commerce.** Check-in at the race site from 8:00 A.M. to 9:30 A.M. - Race Briefing at 9:30 A.M. **(Must be at briefing to take part in the race!).** Course: From Wellington's to the second bridge in downtown Houlton - Approximately 8 miles. Immediately Following the race there will be a lunch and awards ceremony in Riverfront Park.

CLASSES: (Please circle one)

| RACING | RECREATIONAL | REC EXPERIENCED |
|------------|--------------|-----------------|
| *K-1 Short | *K-1 Short | OC-1 |
| *K-1 Long | *K-1 Long | OC-2 Short |
| OC-1 | OC-1 | OC-2 Med |
| OC-2 Short | OC-2 Short | OC-2 Long |
| OC-2 Med | OC-2 Med | OC-2 Women |
| OC-2 Women | OC-2 Long | OC-2 Mixed |
| OC-2 Mixed | OC-2 Women | OC-2 Jr/Sr |
| OC-2 Jr/Sr | OC-2 Mixed | Open |
| Century | OC-2 Jr/Sr | |
| Open | Century | |
| | Open | |

- * Racing - 14.375% at the 4" water line – ACA/WWOC rules
- * Recreational – 16% at the 4" water line, min. weight - 6 Lbs. Plus 3 Lbs. per ft. of length
- * For MaCKRO points, follow ACA/WWOC rules
- * Recreational Experienced – This class must be entered if any member of a team has won a race in 2020 or 2021 other than Houlton's
- * Rotary/Business – 2 persons from the same business or organization geographically located within Aroostook
- College Student Class – 2 + year program
- Seniors (62+) may have their own class
- Century Classes – Ages add up To 100 or more
- Special Class for Rotary/Business
- Special Class for Law Enforcement
- Special Class for High School Students (Rec) (Participants must be in areas served by S.A.V.E)

***Helmets are required for all kayakers. No exceptions!**

***Children under the age of 14 must be accompanied by someone over the age of 21**

DIRECTIONS: FROM THE SOUTH - Take Exit # 291 off 95 in Smyrna- bear right at exit, turn right at Cameron's Market which will be on your right approximately 5 miles from exit. Race start is on left, approximately 1 mile from market.

FROM THE NORTH - From Route #1, take right at third set of lights at the Lincoln Agency (Route 2). Turn left at Cameron's Market which will be 5.3 miles. Race start is on left, approximately 1 mile from market.

For more information, contact Jane Torres, 532-4216 or 694-3414 or email: director@greaterhoulton.com

Registration Fee: \$ 20.00 per paddler \$10.00 for students (18 yrs. & younger)

(First 75 registrants will receive a t-shirt)

Canoe/Kayak Make/Model: _____ Length: _____

1. NAME: _____ TELEPHONE: _____

ADDRESS: _____

SEX: M ___ F ___ AGE: _____ (Under 18 must have signed permission of parent or guardian)

T-SHIRT SIZE: SMALL - MEDIUM - LARGE - X-LARGE - XX-LARGE

2. NAME: _____ TELEPHONE: _____

ADDRESS: _____

SEX: M ___ F ___ AGE: _____ (Under 18 must have signed permission of parent or guardian)

T-SHIRT SIZE: SMALL - MEDIUM - LARGE - X-LARGE - XX-LARGE

ASSIGNED RACE #

Over>>

Please make checks payable to: Greater Houlton Chamber of Commerce
Send entries to: Greater Houlton Chamber of Commerce, 109 Main St. Houlton, ME 04730

WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in the MEDUXNEKEAG RIVER CANOE RACE, the undersigned:

1. Agree that prior to participating, they will inspect the facilities and equipment to be used, and if they believe anything is unsafe, they will immediately advise their coach or supervisor of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and sever social and economic losses which might result not only from their own actions, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all the forgoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and covenant not to sue administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers, of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from demands, losses, or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.

THE UNDERSIGNED HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT THEY HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT VOLUNTARILY.

DATE: _____

Printed Name # 1: _____ Printed Name # 2: _____

Signature # 1: _____ Signature # 2: _____

WAIVER AND RELEASE OF LIABILITY FOR MINORS

In consideration of being allowed to participate in any way in the MEDUXNEKEAG RIVER CANOE RACE, the undersigned:

1. Agree that the parent(s) and/or legal guardian(s) will instruct the minor participant that prior to participating, he or she should inspect the facilities and equipment to be used, and if the participant believes anything unsafe, he or she will immediately advise their coach or supervisor of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and sever social and economic losses which might result not only from their own actions, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all the forgoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and covenant not to sue administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers, of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from demands, losses, or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.

THE UNDERSIGNED HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT THEY HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT VOLUNTARILY.

Parent or Guardian: _____ Date: _____
(Signature/Relationship)

Printed Name or Parent or Guardian: _____

Printed Name of Participant: _____

WAIVER/RELEASE MUST BE SIGNED BY ALL ENTRANTS